

MMK AND SDM MAHILA MAHA VIDYALAYA, MYSORE

Name of the committee- National Service Scheme Unit

Activity Report 2023-24

1. Program Title – WORLD HEART DAY CELEBRATION and AWARENESS PROGRAMME

2. Date – 30/09/2023.

3. Time – 9 am

4. Organized by– National Service Scheme unit in collaboration with Narayana Multi Specialty Hospital, Mysore

5. Venue–KoteAnjaneya Swami temple

6. Total no. of participants/ Beneficiaries - 33

7. Objective –

- World Heart Day Run is an annual observance and celebration dedicated to increasing public awareness of cardiovascular diseases, including their prevention and global impact.
- The goal is to reduce the prevalence of heart diseases and promote healthier living habits.
- It was aimed at informing people around the world about cardiovascular disease (CVD).

9. Programme details– On the occasion of World Heart Day celebration on 30th September 2023, NSS unit, MMK and SDM MMV, Mysore in collaboration with Narayana Multi Specialty Hospital, Mysore organized awareness program through walkathon at KoteAnjaneya Swami in the city at 6 am to create awareness among the public about heart health, lifestyle and heart problems. The walkathon started from KoteAnjaneyaSwamy Temple and passed through DevarajuUrs Road &Krishnaraja Hospital finished the walkathon at KoteAnjaneyaSwamy Temple itself. A total of 33 NSS volunteers of our college and Mrs. Anita P Jayaram NSS officer MMK and SDM MMV participated in this programme.

10. Outcome/Conclusion- The walkathon started from KoteAnjaneyaSwamy Temple and passed through DevarajuUrs Road &Krishnaraja Hospital finished the walkathon at KoteAnjaneyaSwamy Temple itself.

Bharathi N

11. Geo tagged photo –



Bharathi

MMK & ...
Krishnamurthy Puram, Mysuru, Karnataka

MMK & SDM MAHILA MAHAVIDYALAYA, MYSORE

NSS UNIT

NSS SAPTHAHA

WALKATHON Program on 30-09-2023

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Participants list.

SI. NO	Roll No.	Student Name	Class	Signature
01	22602	Aishwarya. N.	II BCA	Aishwarya. N.
02	22601	Aishwarya. K.	II BCA	Aishwarya. K.
03.	23172	Pannashree. K. A.	I. Bsc	Pannashree.
04	23718	Gangashree	I B.com	Gangashree. M
05	23719	Nirmitha. M	I. B.com	Nirmitha. M.
06	23727	Roshini. M.	I. B.com	Roshini. M.
07	23705	Amrutha. S.	I. B.com	Amrutha. S.
08	23726	Priyanka. K. M.	I. B.com	Priyanka. K. M
09	23718	Neha. C.	I. B.com	Neha. C.
10	23733	Sinchana. V. M.	I B.com	Sinchana. V. M
11	23720	Nischitha	I B.com	Nischitha
12	23708	Anju. H. C.	I B.com	Anju. H. C.
13	22633	Muktha. T. N.	II BCA	Muktha. T. N.
14	22610	Chaitanya. D.	II BCA	Chaitanya.
15	23560	Varsha. J. R.	I BCA	Varsha. J. R.
16	22747	Chaitra. K. N.	II. B.com	
17	22922	Parvathi. M.	II BBA	Parvathi
18	22917	Latha. M.	II BBA	Latha. M.

Charathi. N

SI. NO	Roll No.	Student Name	Class	Signature
19	22904	Ananya . R. Bhat	II BBA	Ananya.
20.	22771	Shobitha . M. B .	II B.com	Shobitha.
21	23164	Spandana . D. M .	I Bsc	Spandana.
22	22620	Impana . D. M .	II BCA	Impana.
23	22663	Tejaswini	II BCA	Tejaswini.
24	22603	Aishwarya . P .	II BCA	Aishwarya . P
25	23501	Ananya . V .	I BCA	Ananya . V .
26	23167	Chaitra . L .	I Bsc	Chaitra . L .
27 .	22763	Niharika Mohan	II Bcom	Niharika Mohan
28	22742	Ananya . B. S .	II Bcom	Ananya . B. S .
29	22723	Prafula	I Bcom	Prafula v. S
30	23142	Meghana . U .	I Bsc	Meghana . U .
31	23152	Rakshitha . R .	I Bsc	Rakshitha . R .
32	23148	Sonakshi . S .	I Bsc	Sonakshi . S .
33	23529	Manya . D .	I BCA .	Manya . D .
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